

Nashoba Valley Pedalers
MEMBERS' SIGN-IN SHEET

Ride Name _____

Date _____

Leader(s) _____

Time _____

	Name (please print)	Mileage *		Name (please print)	Mileage*
1.	_____	_____	21.	_____	_____
2.	_____	_____	22.	_____	_____
3.	_____	_____	23.	_____	_____
4.	_____	_____	24.	_____	_____
5.	_____	_____	25.	_____	_____
6.	_____	_____	26.	_____	_____
7.	_____	_____	27.	_____	_____
8.	_____	_____	28.	_____	_____
9.	_____	_____	29.	_____	_____
10.	_____	_____	30.	_____	_____
11.	_____	_____	31.	_____	_____
12.	_____	_____	32.	_____	_____
13.	_____	_____	33.	_____	_____
14.	_____	_____	34.	_____	_____
15.	_____	_____	35.	_____	_____
16.	_____	_____	36.	_____	_____
17.	_____	_____	37.	_____	_____
18.	_____	_____	38.	_____	_____
19.	_____	_____	39.	_____	_____
20.	_____	_____	40.	_____	_____

* Please indicate mileage ridden so you receive credit in the annual club mileage tally.

**Nashoba Valley Pedalers
NON-MEMBERS' SIGN-IN AND RELEASE FORM**

**LEAGUE OF AMERICAN WHEELMEN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT
("AGREEMENT")**

IN CONSIDERATION of being permitted to participate in any way in Nashoba Valley Pedalers ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISK AND DANGER OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damages, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant's Printed Name	Participant's Signature	Email Address	Date
1 _____	I HAVE READ THIS RELEASE	_____	_____
2 _____	I HAVE READ THIS RELEASE	_____	_____
3 _____	I HAVE READ THIS RELEASE	_____	_____
4 _____	I HAVE READ THIS RELEASE	_____	_____
5 _____	I HAVE READ THIS RELEASE	_____	_____
6 _____	I HAVE READ THIS RELEASE	_____	_____
7 _____	I HAVE READ THIS RELEASE	_____	_____
Signature & Title of Witness	Address	Date	